

Laying the Foundation

Emphasise to the participants that their lives are valuable. Each person is one-of-a-kind, an individual and cannot be replaced. There is a reason for their existence. Each of them is unique.

Activity: **Building Blocks**

This activity is designed to show participants that they each have a unique place and a unique part to play in community with others.

1. Provide each participant with a small model e.g. LEGO^{®3} Model
2. Ask participants to pick up a single block.
3. Ask participants to look at the box that has a picture of the completed design.
4. Is one block of value?
 - Yes, without each piece the model cannot be built the way it was designed and created to be.
 - All the parts work together. Each piece is important and valuable.
 - Some of the parts may appear to be the same but they each have a unique place to be in the building of the model.
5. Provide time for the participants to build their models (team members can assist participants in need)

Facilitator Note:

- If only one model is available, you can demonstrate this activity and ask for participants to volunteer to assist you.
- If each participant has been provided with a model, the model can be used as the Star Gift for this session and participants can take it home with them.
- Alternatively, you may choose to keep the models as a group set for use with future STEKO programme groups.

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Facilitator Note:

These group discussions should assist you in finding out what participants in your group already know about the foundational concept UNIQUE. It will assist you to appropriately scaffold the participants' learning throughout the UNIQUE sessions.

Group Discussion: **Community**

Q. Throughout our lives there will be many different communities that we will be part of. What communities do you belong to?

Example answers:

- My school community e.g. name of school, or class name such as 5B.
- A music, dance, drama or sporting team.
- Our STEKO programme group.

Group Discussion: **You are unique**

Q. What does it mean to you that you are unique?

Example answers:

- I am not the same as anyone else and when we work together as a team we are super awesome.
- There is no one else like me.
- I am one-of-a-kind, and I will always be valuable.

Emphasise to participants that each and every one of them is valuable and they each have an important part to play in community with others.